

All nurses wear a name badge. If you are unsure who they are please ask to see it.

<b>Diane Hay</b> District Nurse Team Leader
<b>Dawn Sugg</b> DN Trainee
<b>Patricia Johnstone</b> Community Staff Nurse
<b>Isla Reid</b> Community Staff Nurse
<b>Victoria Davies</b> Community Staff Nurse
<b>John Grant Campbell</b> Community Staff Nurse
<b>Kelly Bowie</b> Community Staff Nurse
<b>Diane Andrews</b> Health Care Assistant

**Who can refer you to the District Nurse**

You can contact the District Nurses for yourself or if you look after someone. You may be referred by someone else eg. a GP, a carer, a hospital nurse or other professionals.

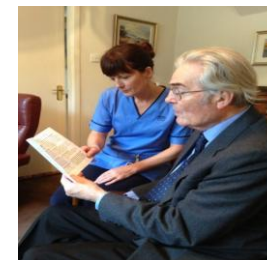
To improve patient experience we welcome feedback. Comments or complaints may be made to :

The District Nurse Team Leader,  
Speyside District Nursing Team,  
Aberlour Health Centre,  
Queens Road,  
Aberlour.  
AB38 9PR  
Tel: 01340 882108

A leaflet outlining the NHS complaints procedure is available from your Health Centre.

This leaflet is available in other formats and languages. Please contact the district nurses to request this.

**SPEYSIDE DISTRICT  
NURSING TEAM  
PATIENT INFORMATION  
LEAFLET**



The District Nurse can be contacted on

**Tel: 01340 882108**

8.30am-6pm Mon-Fri

8.30-1700 Sat, Sun

Out with these hours please contact  
**NHS 24 Tel: 111**

**What you can expect from your District Nursing Team**

To be treated with a high standard of care by knowledgeable and appropriately skilled professionals.

To obtain your consent to treatment and procedures and include you and your family in the planning of your care.

To maintain your confidentiality and dignity and to respect the culture and beliefs of individuals

**What the District Nursing Team expects from you**

To ensure your home is a safe place to provide your care. We would prefer if your pets could be removed from the area you are to be treated in.

We expect to work in a smoke free environment. We would be grateful if you refrain from smoking while the nurse is in your house.

To minimise cross infection the nurse will need to wash her hands. If possible please provide liquid soap and kitchen roll or a clean towel.

As we are a community based service we do not give times for visits and may visit you anytime within our working hours.

**Type of care we provide**

**Wound Management**

Assessment, prescription and application of dressings.

**Administration of Medication**

We teach people to administer injections themselves where possible. We can also train a family member to do it. If this is not possible and you are unable to attend the health centre the District nurse will visit to do this.

**Provision of Nursing Care**

For patients in the palliative stage of a disease or at the end of life we offer emotional and practical support. We can plan for future care needs by making an anticipatory care plan and document the wishes of individuals.

**Long Term Condition Management**

Management and monitoring of conditions like Diabetes, COPD, Coronary heart disease, Dementia, Multiple sclerosis. We offer advice and

support and promote self-management and self-care.

**Referral to Other Professionals**

We can refer you to Occupational Therapy, Physiotherapy, Community Care, Macmillan nurses, Marie Curie nurses and Specialist nurses who support people with specific diseases. We can also refer you for assessment on eligibility for certain benefits.

**Continence**

We assess continence and arrange for the provision of products. To order more supplies please call Tel: 01467 672746 or ask your family or carer to do this in plenty time.

**Health Education**

We can offer education, support and advice to enable and empower you to achieve your full potential for health.

**Our services are offered to people whose needs are best met at home. As there is a huge demand for our services we may ask you to attend the health centre if this is appropriate. Thank you.**

