

All nurses wear a name badge with their name and job title. If you are unsure who they are please ask to see this.

Comments, Suggestions &  
Complaints.

We welcome feedback



<b>Team members</b>
<b>Mandy Masson</b> , Team Leader Registered Nurse, Nurse Prescriber, Specialist Practitioner in District Nursing
<b>Angela Jess</b> , Registered Nurse Trainee District Nurse
<b>Stephanie Geddes</b> , Registered Nurse Community Staff Nurse
<b>Sam Reed</b> , Registered Nurse Community Staff Nurse
<b>Milicent Cameron</b> , Registered Nurse Community Enrolled Nurse
<b>Margo Hay</b> Health Care Assistant

These may be made to :

The District Nurse Team Leader,  
Speyside District Nursing Team,  
Aberlour Health Centre,  
Queens Road,  
Aberlour.  
AB38 9PR

A leaflet outlining the NHS  
complaints procedure is available  
from your GP Health Centre.

**SPEYSIDE  
DISTRICT NURSING  
TEAM  
INFORMATION LEAFLET**

The District Nurse can be  
contacted on

**Tel: 01340 882108**

8.30am-6pm      Mon-Fri

9am-5pm         Sat & Sun

Out with these hours please contact  
NHS 24 08454 24 24 24

**Who can refer you to the District  
Nurse**

You can contact the District Nurses  
yourself or you can be referred by  
someone else eg. a carer, a GP, a  
hospital nurse or other professionals.

### **What you can expect from your District Nurses**

To be treated with a high standard of care by knowledgeable and appropriately skilled professionals.

To obtain your consent to treatment and procedures and to include you and your family in the planning of your care.

To maintain your confidentiality and dignity and to respect individuals culture and beliefs.

### **What the District Nursing Team expects from you**

To ensure your home is a safe place to provide your care. If your pets do not like strangers please remove them from the area you are to be treated in.

We expect to work in a smoke free environment .We would be grateful if you refrain from smoking while the nurse is in your house.

To minimise cross infection the nurse will need to wash her hands. If

possible please provide liquid soap and kitchen roll or a clean towel.

We do not tolerate any verbal or physical abuse towards staff

### **Type of care we provide** **Wound Management**

Assessment, prescription and application of dressings

### **Administration of Medication**

We teach people to administer injections themselves where possible. We can train a family member to do this. If this is not possible and you are unable to leave your house the nurse will visit to do this.

### **Provision of Nursing Care**

For patients in the palliative stage of a disease or at the end of life we offer emotional and practical support. We can plan for future care needs by making an anticipatory care plan to document an individual`s wishes.

### **Long Term Condition Management**

Management and monitoring of conditions like diabetes, copd, coronary heart disease, dementia,

multiple sclerosis. We offer advice and support and promote self-management and self-care

### **Referral to Other Professionals**

We can refer you to Occupational therapy, Physiotherapy, Community care, Macmillan nurses and Specialist nurses who support people with specific diseases. We can also refer you for assessment on eligibility for certain benefits.

### **Continence**

We assess continence and arrange for the provision of products. We supply continence products in an emergency only. Once you have begun to have products delivered please order more supplies or ask your carer or family to do this, in plenty time. To order Tel: 01467 629268

### **Health Education**

We offer education, support and advice to enable and empower people to achieve their full potential for health.

**All services are offered to people who are housebound or have**

**difficulty leaving their home. As there is a huge demand for our services we ask that people attend the practice whenever possible. Thank you**